

Noticing and reflecting on class participation habits

After our discussion activities, please take a few minutes to fill out the row for that discussion. You don't need to share who you are unless you want to.

<i>Discussion No.</i>	<i>My choice: a. To speak b. To stay silent</i>	<i>Reason for your choice?</i>	<i>How safe did you feel to make that choice (1-10)? (1=unsafe, 10=safe)</i>	<i>What did you gain from making your choice? What did you lose?</i>	<i>Any advice for Elena to support your class participation?</i>

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8TH MAY 2026 REACTIONS – usual instructions apply (what did you learn in today’s lesson, what worked for you, what didn’t, what would you like to see changed:

PLUS finish the following sentence: When I stay silent, I’m protecting _____,
but the cost to the group and/or myself is
